

## **Study or Practice Group Definitions**

### **What is a Study Group?**

A Study Group is an official Matrix Energetics learning and practice venue where students can meet together to continue to expand upon what they have been taught by Dr. Bartlett and Melissa Joy at a Level 1 or Level 1-2 Seminar. You will find a listing of endorsed, local Study Groups under "Study Groups" on the Matrix Energetics website at

[www.matrixenergetics.com](http://www.matrixenergetics.com)

Study Groups are led by trained, certified Study Group Leaders and are officially approved by Dr. Richard Bartlett and Melissa Joy. Local Study Groups meet once a month in a designated city. The cost is \$20 per person (for two hours) or \$30 per person (for three hours) to attend and payment is to be made directly to the Study Group Leader.

Local Study Groups are to be held in person and not conducted by teleconference. Students attending Study Groups may earn credit hours toward the requirements for certification as a Matrix Energetics Practitioner.

### **What if there are no Study Groups meeting in my area?**

If there is not a Study Group in your area, you may contact the Study Group Leader who is closest to you. The Study Group Leader may come to your area to lead a Study Group if planned in advance and approved by Matrix Energetics.

### **What is a Practice Group?**

A Practice Group is a Play Group where students can meet together to play with the consciousness technology of Matrix Energetics. Anyone who has attended at least a Level 1 Seminar is welcome to host a Practice Group. All Practice Groups are to be held in person and not by teleconference. Practice Groups are only open to participants who have attended at least a Level 1 seminar taught by Dr. Bartlett and Melissa Joy. Practice Groups are to be free of charge. Please note that Practice Groups are not venues for teaching Matrix Energetics. They are simply a place to gather with one another in order to notice what you notice and to practice playing with what shows up. Matrix Energetics does not endorse or regulate Practice Groups.

### **Recommendation:**

Participation in Practice Groups count toward certification hours. It is recommended that students attend up to 15 hours of Study Groups or Play Groups when working on their certification hours. This is a recommendation only.

### **A Note Regarding Teaching Matrix Energetics:**

Study Groups and Practice Groups are not venues for conducting Introductory Courses to Matrix Energetics. An Introductory Course encompasses any teaching of Matrix Energetics to groups or individuals who have not attended at least a Level 1 Seminar. NO ONE is authorized by Dr. Bartlett or Matrix Energetics to lead Introductory Courses.

In support of our continued desire to grow Matrix Energetics, all are welcome to promote this work by showing the official Matrix Energetics website demonstration. This is an excellent way to expose friends and family to Dr. Bartlett and the wave of Matrix Energetics.

Thank you for your compliance and continued support of Matrix Energetics!